

A SAFE PLACE

A Safe Place is a non-profit 501(c) (3) agency that was formed in 1978 as a response to domestic violence. The mission of A Safe Place is to break the cycle of domestic abuse by providing crisis intervention, support services, education and advocacy to survivors, their families and the community. All of our services are free and confidential. We are the only domestic abuse agency serving all of Rockingham and Strafford County. In 2008, A Safe Place served a total of 1,358 residents. We served 9 residents of Newton with 154 service units (One unit = 15 minutes) seeing many residents several times to ensure their safety. The cost to the agency is \$40 per service unit. Therefore, services provided to Newton residents totaled \$6,160.

Without the assistance of towns such as Newton, we would be unable to continue to serve those in need of our diverse services, including a 24-hour per day staffed shelter and hotline, accompaniment to court restraining orders, as well as always being available to listen when needed most. We are open 365 days per year and are truly the agency that never sleeps. Your financial assistance remains crucial, especially during these tough economic times when we see a significant increase in the need for our services. We are grateful for the willingness of Newton to co-partner with us to accomplish our mission to end domestic abuse.

Respectfully submitted,
Marsic Silvestro
Executive Director

AREA HOMECARE & FAMILY SERVICES, INC.

Area HomeCare & Family Services has been providing home care services to low-income Newton elderly and people with disabilities since 1972.

In our fiscal year 2008, we provided over 1,000 hours of services to ten elderly residents of Newton. We continue to employ two Newton residents as home care providers and enjoy our partnership with the Town of Newton.

Our mission is to provide homecare services and companionship to help the elderly of Newton stay in their homes for as long as they can. We are part of a community-based system set forth in the State of New Hampshire's – State Plan on Aging. Our brochures are in your Town offices.

Our Project CoolAir is a program that buys air conditioners for low-income, medically fragile elderly who cannot afford one. I know it is past a/c weather but if you know of anyone in need, please have them call us.

We look forward to a continued partnership with Newton.

Respectfully submitted,
Gordon McCollester, CEO

CHILD ADVOCACY CENTER OF ROCKINGHAM COUNTY

The mission of a Children's Advocacy Center (CACRC) program is to reduce trauma associated with abuse by providing a safe, child friendly environment for conducting a forensic interview of children who are allegedly physically or sexually abused. Complimenting this critical service is the community education and outreach component of each Child Advocacy Center program. Since opening our doors in January of 2000 we have served over 3,200+ children at no cost to the families. The CACRC was the first program to open in the state of New Hampshire and has earned NATIONAL accreditation from the National Children's Alliance (NCA), which requires the center to demonstrate service standards.

A recent Cost Benefit Analysis from the NCA found a number of successes for CACs:

- Traditional investigations were 38% more expensive than a CAC model investigation.
- The average cost of a traditional investigation was \$4,000 compared to \$2,500 for an investigation involving a CAC. A \$1,500 in savings per case.
- Annual investigation costs per 1,000 children were 41% lower in the CAC community than in the non-CAC community

Community Benefits of a CAC style investigations:

- Greater access of victims to medical exams,
- More involvement by law enforcement in sexual abuse investigations,
- Greater satisfaction by the non-offending caregiver with the investigation process.

Town of Newton Information:

- Number of Newton children interviewed in 2009 – 7
- Billing for Newton residents to insurance, Medicare, or individuals – NONE
- According to NCA cost benefit analysis, savings to the town of Newton to date is \$10,500. Total saving to Rockingham County since opening our doors almost \$5 million to date.

DRUGS ARE DANGEROUS, INC.

For 21 years the Towns of Newton and Kingston have supported the work of D.A.D. Inc. in bringing "Natural High" experiences to the children, youth and families of our communities. The following are some of the examples of our efforts to help children, youth and families address some of life's challenges.

The annual family skating parties held at Skateland for Memorial, Bakie and the Middle School students continue to attract whole families and are well attended. D.A.D.'s Natural High Day (always held on Father's Day at YMCA Camp Lincoln) has become an institution. Families from both Newton and Kingston celebrate the positive aspects of coming together and experiencing a drug free event. In addition to the free barbeque lunch, interactive games and activities for all age groups, the world's largest whip cream fight remains the highlight of the day's events.

D.A.D. continues to emphasize substance abuse prevention programs to help families address the scourge of drugs, alcohol and its negative impact on our communities. Project Safeguard and Project Stand by Me for all 5th and 7th grade students and their parents/guardians is well attended. (These programs are subsidized through the school budget.)

Drugs Are Dangerous, Inc. is a registered NH non-profit corporation with the State of N.H. We are a small dedicated group of parents and individuals from Newton and Kingston trying to help children, youth and families "be the best they can be". The continued support of the voters of Newton in the amount of \$2,000 is very much appreciated.

Respectfully submitted,
Kristy A. Lacroix, President

FAMILY MEDIATION & JUVENILE SERVICES

Family Mediation & Juvenile Services is a non-profit agency dedicated to serving the towns of Atkinson, Danville, Hampstead, Kingston, Newton, Plaistow and Salem, NH. Our mission is to provide quality resources to youth and families in order to reduce delinquency and out of home placements, and to empower them as individuals, family members, and citizens of the community. Please visit us at www.fmjs.org to learn more about the programs and services we have to offer, at low or no cost, to residents and their families.

Our agency is financially supported by funding from the towns listed above and grants from The Rockingham County Incentive Fund, The Heritage United Way, and The State of NH Governor's Commission on Substance Abuse via the Sad Café. In 2009 we also received private donations, some of which were in memory of a local youth, some through different United Ways, and a donation from The Atkinson Women's Civic Club. Our Board of Directors, staff members, and volunteers worked tirelessly at fundraising events over the course of 2009 to raise enough money

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2009 achievements included:

- ◆ We held 6 Challenge courses, 2 Stop Shoplifting courses, 4 Anger Management courses, and 2 Tobacco Education courses during the year.
- ◆ New referrals totaled 232 juveniles; a total of 2,542 parents and youth attended our programs and workshops during the year.
- ◆ 57 Youth performed 1,115 hours of service to sites in our community.
- ◆ We collected \$3,508.00 in monetary restitution.
- ◆ Peer Mediation trainings were held at Hampstead Hospital for 34 Hampstead Middle School children.
- ◆ Volunteer Mediators & Community Site Supervisors worked 1,436 hours for the youth and families we serve.

Special thanks to our Board of Directors, the Towns, grantors, fundraising sites, judges, police departments, schools, donors, mediators, community service supervisors, volunteers, staff, and the citizens we serve, who make it all possible.

Family Mediation & Juvenile Services Board of Directors:

Debra DeSimone, <i>Atkinson</i>	Dale Childs, <i>Hampstead</i>	Marta Modigliani, <i>Danville</i>
Rose Cavalear, <i>Atkinson</i>	Natalie Gallo, <i>Hampstead</i>	Michelle Curran, <i>Plaistow</i>
Dick Gerrish, <i>Kingston</i>	Laura Bertogli, <i>Newton</i>	Barbara Tavitian, <i>Plaistow</i>
Roclyn Porter, <i>Kingston</i>	Kathy Marino, <i>Newton</i>	Pat Macomber, <i>At Large</i>

LAMPREY HEALTH CARE

As you know, Lamprey Health Care is a nonprofit community health care organization with medical centers in Newmarket, Raymond and Nashua, New Hampshire. The organization serves the Southern & Seacoast Areas of New Hampshire, and provides primary care & preventive health services to individuals of all ages and incomes, regardless of their ability to pay.

Focusing on the health of the patient as well as the community as a whole, Lamprey Health Care offers the following care & services to its patients: primary care, prenatal & obstetrical care, pediatric care, preventative dental care, chronic disease management, nutrition counseling, health education & outreach, behavioral health counseling, social services & case management, free/reduced cost prescription drugs, substance abuse counseling, translation & interpretation services, and radiology, physical & occupational therapies.

One of our strongest programs is our Senior Transportation Program, where seniors and other individuals are provided access to essential services, such as medical appointments with primary care physicians and specialists, grocery stores, local pharmacies and other necessary errands. Most importantly, these services are available to all are physician offices and non-LHC patients so that our vulnerable populations have access to medical care.

Newton residents utilized our transportation program for shopping trips, medical appointments and monthly recreational outings. Our vans are handicap accessible and our drivers are trained Transportation Health Workers who receive patient Assistance Training. Access to essential services makes it possible for this population to remain self-sufficient and in their own homes. Our team consists of a transportation manager, 20 volunteers and six handicapped accessible buses, and provides seniors and those with disabilities reliable transportation that offers door to door service, access to resources and a beneficial social network,

With your continued support of \$1,400 for Year 2010, we can continue to improve access and the health of our residents and communities as a whole by meeting the needs of our patients.

Respectfully submitted,
Debora Bartley
Community Services Manager

NH SOCIETY FOR THE PREVENTION OF CRUELTY TO ANIMALS

The New Hampshire SPCA is pleased to present the town with a brief report of our activities for the year and our request for an annual appropriation for the year 2010 in the amount of \$750.

In fiscal year 2009, we provided care and shelter for over 3,200 animals at our location in Stratham and provided other services to many more members of the community. In that time, we have received and responded to over 845 complaints of animal cruelty and neglect from communities in Rockingham County and other New Hampshire towns; seven of which came from the Town of Fremont.

Along with taking in animals from your community and placing many of them into good homes, we also assist animal control officers, educate children and adults about the humane treatment of animals, and provide many other services that directly affect your community. The Learning Center for Pets and People has served hundreds of community members through obedience and agility classes, behavior consultations, workshops, trainings and seminars. We have been able to

expand our work educating children about proper animal care and the humane treatment of animals. Youth ages 3 to 16 have participated in the weekly Story Time with Animals, summer camp, KIND and WE CARE clubs, Junior Volunteers and have joined us for their birthdays.

NHSPCA For Year 2009 Programs & Services Expenses

\$1,469,675 - includes animal care and sheltering services, humane education, community services and cruelty investigations.

3,138 - total number of animals cared for in last 12 months.

6,000 - total number of school children receiving humane education in last 12 months.

845 - total number of animal cruelty reports investigated in the last 12 months.

42,160 - total number of volunteer hours performed by community members

TOWN OF NEWTON

15 - Total number of School Children Reached

13 - Number of Animals Surrendered by Residents

9 - Number of Animals Brought in as Strays / Found

17 - Number of Animals Adopted by Residents

1 - Number of Cruelty Cases Complaints/Assists/Seizures

8 - Number of Residents participating in Training and Behavior Consultation

Services Provided By The NHSPCA include: Adoption and Surrender Services, Medical Care for the Animals, Low Cost Rabies Vaccination & Microchip Clinics, Animal Foster Care Program, Cruelty Investigations, Disaster Response Team & Preparedness, Disaster Relief Temporary Shelter, Obedience Training, Behavior Consultations, Humane Education in Local Schools, Humane Education For Adults In The Community, Summer Camp For Kids 6-12, Story Hour For Pre-Schoolers, We Care Club For Kids 6-9, KIND CLUB for Kids 9-12, Jr. Volunteer Program For Kids 13-15, Resource Information and Support.

More than ever your town's support of our efforts is critical to the continuation of our services. As a community based organization, our only sources of funding are donations from the communities we serve. We receive no State or Federal assistance whatsoever.

Thank you for your consideration of the New Hampshire SPCA in your annual appropriations process.

Respectfully submitted,
Sheila E Ryan
Director of Development and Marketing

ROCKINGHAM COMMUNITY ACTION

As a non-profit, multi-service agency, Rockingham Community Action's (RCA) wide range of services meet the most essential needs of our county's residents living at or below the poverty level. RCA's mission and scope is multi-purpose: to support low – income individuals and families with direct services, prevent more families from falling into poverty and/or homelessness, and assist at-risk families in finding long term solutions to their economic needs.

Respectfully,
Brandi Bobusia
Outreach Center Coordinator

ROCKINGHAM NUTRITION & MEALS ON WHEELS PROGRAM

3,323 meals were provided to 39 residents of Newton last year.

Group Meals: well-balanced, hot and delicious noon meals that meet 1/3 the daily caloric and nutritional needs of the older person. In the Newton area, we have a congregate meal location: Vic-Geary Center in Plaistow – Greenough Road. This center is open Monday through Friday, to elderly (60 years and older) Newton residents and their spouses.

Meals on Wheels: provides the same well-balanced, hot meals as the congregate program, but these meals are delivered to the homes of the elderly and handicapped residents of Newton. There are age, disability and/or income criteria for this service. Drivers go to each person's home, deliver the meals, perform small tasks for the person, if needed and report any noticeable change or problem to the site manager. The meals are geared to the elderly and are low fat, low sodium, with diabetic substitutions available. For Meals on Wheels clients whose situations warrant it, we can also provide weekend meals, night meals, holiday meals and "Blizzard Bags" to be used during the winter when the driver is unable to deliver meals due to inclement weather.

1,218 support services provided to the residents of Newton. Types of services provided:

Transportation Services: provided by RNMO staff and volunteers transporting the elderly to and from the Vic-Geary Center in Plaistow.

Safety Checks: with the delivery of each meal we verify that the client is doing well. If the driver notes any changes in the clients behavior, habits, mannerisms, etc. they will report it to the manager to follow-up with their emergency contact. In serious situation that require immediate action 911 would be called and the driver would stay with the client until the EMT arrive.

Activities: "extras" that are provided for the clients. These include guest speakers to cover topics such as Medicate, Social Security, Estate Planning, Nutrition and others of interest to our senior citizens; entertainment; crafts, bingo, remembering clients with small gifts and favors at holiday time, etc.

Service Time: time spent in direct service to clients such as bringing in or opening mail, getting newspapers, picking up prescriptions, shoveling snow, emotional support to clients in crisis or with special needs.

Information: refers to the information that is given to the clients via a RNMOW employee and includes monthly menus with health tips; agency newsletters which contain health and elderly issue news; announcements; flyers.

Referrals: made to the Visiting Nurse Association, Bureau of Elderly and Adult Services, hospitals, Community Action Agencies, RSVP, and other service organizations to help mobilize resources to aid in the independent living of the client.

Outreach: efforts made to inform the community and the elderly about our services in order to reach the truly needy.

Home Visits: refers to the visits that the site manager makes to a client's home. All homebound clients receive home visits. Reasons for the visits include: completion of an intake application on a new client; completion of a re-determination assessment on a client already receiving meals; to check on a sick client having problems, etc.

Respectfully submitted,
Jaymie Chagnon
Assistant Director

ROCKINGHAM VNA & HOSPICE

Rockingham Visiting Nurse Association & Hospice is a community-based, non-profit Home Health agency that serves the adult population of Rockingham County, as well as the communities of Durham and Lee, NH.

Our acute services include but are not limited to:

Skilled Nursing: Registered nurses admit patients and develop individualized Plan of Care (POC). RN and LPN's provide direct patient care, coordinate services with the patient, family and others involved in the POC. Registered/competent nursing staff will provide infusion services to patients in the home under physician order.

Rehabilitation Services: Physical therapists, occupational therapists, (per regulatory requirements) and/or speech language pathologists admit patients, develop individual POC. Rehabilitation staff, including assistants, provide direct patient care, coordinate services with the patient, family and others involved in the POC to assist patients to overcome physical, functional, and communication disabilities and to attain maximum independence.

Registered Dietitian: Assesses patients and develops individualized POC and coordinates services with the patient, family, and others to maximize patient's nutritional status.

Medical Social Services: Medical social workers complete psychosocial assessments, develop POC, provide counseling, and coordinate referrals for alternative funding and resources to support the home care plan.

LNA Services: Licensed home health aides assist patients with personal hygiene, meal preparation, and light housekeeping.

The Hospice Department provides patient and family centered care and support to assist with terminal care at home through our staff of skilled nurses, rehabilitation therapists, medical social workers, spiritual coordinator, home health aides, nutritionist, volunteers, and bereavement support which may include:

- Client/family needs assessment
- Holistic management of client/family care needs
- Skilled nursing and other therapies as needed
- Pain and symptom relief
- Family support/education counseling
- Spiritual support and counseling
- Respite services
- Bereavement care to families
- Bereavement support groups
- Community education
- Nutritional counseling
- Volunteer services

Adult Health Promotion provides clinics for intervention, education, and prevention services designed to help older adults maintain their health and independence. The Adult Health Promotion clinics and programs are held at conveniently located sites throughout Rockingham County. Screenings and clinics are offered on an ongoing basis or periodically throughout the year. Clinic services and screenings include, but are not limited to:

Screenings

- Blood pressure
- Blood sugar
- Medication review
- Nutrition review
- Health education
- Referrals to M.D.'s
- Referrals to community services

Special Programs

Foot Care Clinic
Influenza Immunization Clinics
Diabetic Support Group
Falls Risk-Reduction Program

Respectfully submitted,
Sandy Houle
Executive Assistant
Rockingham VNA & Hospice

THE SAD CAFÉ

The mission of The Sad Café is to maintain a safe, clean, substance free, youth friendly environment, giving a positive alternative for discretionary recreational hours. We continue to have an active Youth Advisory committee and hosted a Youth Venture teen program to support county youth in their community service and entrepreneurial initiatives.

The Sanborn/Timberlane Safe and Drug Free Community Coalition, led by the Sad Café, continues to grow its' base. However, part of our ability to be effective in the competitive process for state, federal and foundation grants is our ability to show community support for prevention services for children, youth and families. Therefore, continued community financial and technical support will be necessary to allow The Sad Café to provide the sustainable innovative prevention based programming that is so important to maintaining and enhancing the quality of life in our towns.

Services provided by The Sad Café are considered Prevention, Treatment or Recovery Services by State, Federal and County funding agencies. The services provided by The Sad Café ensure that there is a safe place where teens can gather in Rockingham County where they will be supervised in a safe and substance free environment.

The Sad Café would like to thank the Town of Newton for your continued support.

Respectfully submitted,
Andrea Bonner, Executive Director

SEACARE HEALTH SERVICES

I am pleased to once again submit this request for continued funding in 2010 from the Town of Newton in the amount of \$2,000. We have included a summary of our agency, including how our services have benefited the residents of Newton.

Organizational Description: SeaCare Health Services is a non-profit organization providing access to medical care and care coordination services for uninsured adults, prescription assistance for low-income people of all ages and home visiting/health coordination services for children.

SeaCare's Mission: To provide high quality equitable health care for all. In particular, SeaCare is devoted to ensuring that all underserved members of the community have access to optimal health care. In order to fulfill our mission, SeaCare has developed a Care Coordination system to ensure participants receive the services they need to achieve complete physical, mental and social well-being. More specifically, this service is designed to help participants set personal health care goals, learn how to effectively communicate with their health care providers, gain a better understanding of how to appropriately use medical services and provide a link to other community programs and resources. Through this system, the Care Coordination staff enrolls individuals onto one or more of our programs, which are described below.

Medical Access Program: Today, SeaCare's Medical Access Program has over 400 volunteer health professionals that donate their time and services in order to provide care to the uninsured and underinsured. They include primary and specialty physicians, nurse practitioners, mental health therapists, chiropractors and complimentary/alternative medical practitioners that deliver health services to SeaCare participants for little or no cost. **In 2009 forty residents of Newton received assistance through this program, amounting to over 17,957 in donated care.**

The Greater Seacoast Medication Bridge Program: Medication Bridge is a program to help eligible uninsured and underinsured patients of all ages receive needed prescription medications. The Medication Bridge Program at SeaCare is fully supported by Exeter Health Resources, who provides funding each year to cover the operating costs for this service. Since May 2001, the Medication Bridge Program has successfully dispensed just under 40,000 prescriptions totaling over \$10 million dollars to over 3,000 individuals. **During the past year residents of Newton have had 29 prescriptions processed totaling over \$28,046.**

Children's Connection: The Children's Connection is a wellness coordination program for children in need that provides home visiting and care coordination services, links to community resources, assistance with the New Hampshire Healthy Kids application process and a variety of health education programs. **Last year, eleven children from the town of Newton had access to this program.**

On behalf of SeaCare Health Services, I would like to thank you for your previous support in the amount of \$2,000 and your kind attention to this year's request. As you can see the need continues to be great and we are once again submitting a request for funding in the amount of \$2,000 for the year 2010 to help support the services we offer.

Respectfully submitted,
Kathleen Crompton
Director

VIC GEARY CENTER

The Vic Geary Center serves as a senior center for seven towns: Atkinson, Danville, Hampstead, Kingston, Newton, Plaistow & Sandown. The following information will provide some insight into the diverse activities and services offered to the senior citizens of your community.

The Rockingham Nutrition & Meals on Wheels Program operates from the center, at no cost to them, 5 days per week providing a hot noon meal in the dining room and Meals on Wheels to homebound clients in the 7 towns. Frozen weekend and holiday meals are provided and meals comprised of shelf-stable items are provided for bad weather when delivery is impossible. Special meal celebrations for Mother's Day, Father's Day, Easter, Halloween, Thanksgiving, Christmas, summer picnic, lobster specials and other holidays are well attended by approximately 120-150 persons from the 7 towns on each occasion.

Several area senior organizations regularly meet free of charge at the Vic Geary. A wide variety of day bus trips were offered and enjoyed by many area seniors this past year. Monthly teas, some sponsored by area Recreation Departments such as Atkinson, Danville, Plaistow and Sandown, including refreshments and raffles are held at the Center. Entertainers such as the Salem Senior Singers and Boot Scoot'n Boomers also entertain the seniors throughout the year. A van and driver provided daily transportation for those seniors wishing to attend clinics, meals and special events at the center.

Throughout the year, monthly blood pressure and twice a month foot care clinics are held at the center by Rockingham Visiting Nurses. Other clinics such as hearing and sight, safe driver and home safety are conducted regularly by area physicians and safety personnel. Fuel assistance intakes are done on an annual basis as well as tax preparation assistance. Informative guest speakers on subjects of interest such as financial planning, prescription programs, diet and other topics are invited throughout the year. Fitness classes, dance classes, bingo, card and board games, knitting group and walking club and arts and crafts are daily recreational activities offered at the center. The WIC program now distributes surplus food monthly from the Vic Geary to income eligible area seniors and other area residents.

The building is rented to private individuals and groups. Several non-profit organizations hold their meetings at the Vic Geary, including the Knights of Pythians and the Plaistow Lions. Other civic organizations are hold regular meetings free of charge. Rental income is used for improvements to the building as well as contributing to the recent increases for fuel and electricity.

Wal-Mart, Home Depot, the Plaistow Lions and the Plaistow American Legion and various caring individuals all deserve a big round of thanks for the support and donations of time and materials that they give to the Vic Geary Senior Center and its seniors throughout the year.

Organization Purpose

The purpose of the Vic Geary Center is to provide a pleasant, comfortable, safe gathering place for area senior citizens to congregate, share a nutritious noon meal, participate in recreational and social activities, to provide necessary services such as blood pressure, food & flu clinics, and distribute surplus foodstuffs and perform fuel assistance intakes.

The Vic Geary Center is a non-profit organization, operating under the auspices of a Volunteer Board of Directors. Board Members include:

Jack McSheehy - President, Plaistow
Bob Choolijian - Vice President, Plaistow Lions
Carol Simpson - Secretary, Kingston
Ted Kennedy - Member, Atkinson
Bob Walsh - Member, Hampstead

Doreen Tufts - Treasurer, Danville
Tom Tufts - Asst. Treasurer, Danville
Bob Jackson - Member, East Kingston
George Moore - Member, Newton

The Vic Geary Board of Directors sincerely appreciates your town's assistance to help us maintain this valuable senior resource enjoyed by many of our area seniors each day.

Respectfully submitted,
Dawn Weston, Secretary
Vic Geary Board of Directors