

## A SAFE PLACE

A Safe Place is a non-profit 501(c) (3) agency that was formed in 1978 as a response to domestic violence. The mission of A Safe Place is to continue our *free* direct services, counseling, emergency shelter services, as well as our community educational outreach and help with defraying the rising costs associated with the increased need to provide service users (clients) with basic emergency needs. Over the years, many Newton residents have called and knocked on the doors of A Safe Place for information, referral and emergency assistance. **From July 1, 2009 – June 30, 2010, A Safe Place served 8 people from Newton, giving 300 units of service (each unit of service represents 15 minutes of time). We also provided educational presentations to students in both middle and high school in order to help youth learn to develop healthy teen relationships.**

As advocates, we work with our service users to prepare a safety plan and refer them if needed, to our undisclosed 24-hour emergency shelter. We also assist our service users in obtaining both Temporary and Permanent Restraining Orders and accompany them to courts and police stations to do so. We provide a one on one, in-person and 24 hour telephone crisis counseling as well as on-going support groups. All sites assist our service users with access to legal and social services and transportation and/or accompaniment to related appointments and emergency rooms, if needed. Each site has the ability to give direct financial assistance to victims in the form of modest gift certificates from grocery stores, pharmacies, gas stations, department stores, prepaid phone cards, locksmith costs to change their locks for safety. We also provide toiletries; household items and other needed items.

We wish to continue to offer refuge, support and other services to the residents of Newton, especially during these hard economic times when there is a rise in Domestic Violence. We hope you will continue to join us in breaking the cycle of violence. (Telephone: 800-854-3552)

Respectfully submitted,  
Suzanne Coombs  
Finance Director

## AREA HOMECARE & FAMILY SERVICES, INC.

Area HomeCare & Family Services has been providing home care services to low-income Newton elderly and people with disabilities since 1972.

In our fiscal year 2010, we provided over **700 hours of services to twelve elderly residents of Newton**. We continue to employ two residents of Newton as home care providers and enjoy our partnership with the Town of Newton.

Our mission defines our purpose – to assist the elderly to stay in their homes for as long as possible. We are a part of a community-based system set forth in the State of New Hampshire's 'State Plan on Aging'. Our brochures are in your Town offices.

**Home Maker Services** provides companionship, emotional support and services such as: food shopping and errands, light cleaning, planning and cooking meals using special diet guidelines, laundry and other related services. **In-Home Care Services** performs non-medical home care tasks similar to Home Maker Services. This program provides services for up to 35 hours per week and may, on a case by case basis, provide transportation to medical appointments.

We look forward to a continued partnership with Newton. (Telephone: 603-436-9059)

Respectfully submitted,  
Gordon McColleston, CEO

## CHILD ADVOCACY CENTER OF ROCKINGHAM COUNTY

### Statistical Data for Town of Newton 2011 Budget Request

The mission of a Children's Advocacy Center (CACRC) program is to reduce trauma associated with abuse by providing a safe, child friendly environment for conducting a forensic interview of children who are allegedly physically or sexually abused. Complimenting this critical service is the community education and outreach component of each Child Advocacy Center program. Since opening our doors in January of 2000 we have served over **3,800+** children at no cost to the families. The CACRC was the first program to open in the state of New Hampshire and has earned *National* accreditation from the National Children's Alliance (NCA), which requires the center to demonstrate service standards.

### A recent Cost Benefit Analysis from the NCA found a number of successes for CACs:

- Traditional investigations were **38% more expensive** than a CAC model investigation.
- The average cost of a traditional investigation was \$4,000 compared to \$2,500 for an investigation involving a CAC. A **\$1,500 in savings** per case.
- Annual investigation costs per 1,000 children were **41% lower** in the CAC community than in a non-CAC community.

### Community Benefits of a CAC style investigations:

- Greater access of victims to medical exams and trauma focused therapists
- More involvement by law enforcement in sexual abuse investigations,
- Greater satisfaction by the non-offending caregiver with the investigation process.



Town of Newton Information:

- Number of Newton children interviewed in 2009 – 7
- Number of Newton children interviewed in 2010 to date- 4
- Billing for Newton residents to insurance, Medicare, or individuals – **NONE**
- According to NCA cost benefit analysis, savings to the town of Newton for the past two years was **\$16,500**. Total saving to Rockingham County since opening our doors almost **\$5.7 million** to date. (Telephone: 603-442-8240)

Respectfully submitted,  
Maureen Sullivan, Executive Director

**DRUGS ARE DANGEROUS, INC.**

For 23 years the Towns of Newton and Kingston have supported the work of D.A.D. Inc. in bringing “Natural High” experiences to the children, youth and families of our communities. The following are some of the examples of our efforts to help children, youth and families address some of life’s challenges.

The annual family skating parties held at Skateland for Memorial, Bakie and the Middle School students continue to attract whole families and are well attended. D.A.D.’s Natural High Day (always held on Father’s Day at YMCA Camp Lincoln) has become an institution. Families from both Newton and Kingston celebrate the positive aspects of coming together and experiencing a drug free event. In addition to the free barbeque lunch, interactive games and activities for all age groups, the world’s largest whip cream fight remains the highlight of the day’s events.

D.A.D. continues to emphasize substance abuse prevention programs to help families address the scourge of drugs, alcohol and its negative impact on our communities. Project Safeguard and Project Stand by Me for all 5<sup>th</sup> and 7<sup>th</sup> grade students and their parents/guardians is well attended. (These programs are subsidized through the school budget.)

Drugs Are Dangerous, Inc. is a registered NH non-profit corporation with the State of N.H. We are a small dedicated group of parents and individuals from Newton and Kingston trying to help children, youth and families “be the best they can be”. The continued support of the voters of Newton in the amount of \$2,000 is very much appreciated.

Respectfully submitted,  
Kristy A. Lacroix, President

## FAMILY MEDIATION & JUVENILE SERVICES

Family Mediation & Juvenile Services is a non-profit agency dedicated to serving the towns of Atkinson, Danville, Hampstead, Kingston, Newton, Plaistow and Salem, NH. Our mission is to provide quality resources to youth and families in order to reduce delinquency and out of home placements, and to empower them as individuals, family members, and citizens of the community. Please visit us at [www.fmjs.org](http://www.fmjs.org) to learn more about the programs and services we have to offer, at low or no cost, to residents and their families.

This past year has been a year of change and growth. To ensure we are providing the most appropriate services for the residents of the towns we have been reviewing our programs and approaches. We are excited about introducing some new ideas and programs to the local communities in the upcoming year.

In addition to the existing staff, the agency now has the added layer an executive director. The position of Executive Director was created to ensure that there was an individual at FMJS on a regular basis that is responsible for overseeing daily operations, screening clients to make certain FMJS is operating within the scope of practice for the agency, to refer clients to appropriate resources when their needs exceed the services we are qualified to provide, and to support staff in the event of challenging situations that may arise with clients.

Roclyn Porter joined the staff in September, 2010 bringing 10 years of clinical experience working with families, particularly families with children who are involved in the juvenile justice system in one form or another. This work has included working with schools, medical facilities, law enforcement, and state and local agencies. She is a licensed marriage and family therapist, and she has experience in working with families in conflict and parental discord.

FMJS continues to offer the same services that have historically been offered. We continue to provide tobacco and substance abuse education classes, anger management, community service placement, and family mediation.

In considering the future, we are also looking forward to expanding our programming to include parenting classes, as well as education for a broader range of ages around substance abuse and anger management.

The members of the Board of Directors want to thank you in advance for your continued support as we grow and further develop our services, and please know you can continue count on FMJS to continue to provide the familiar support and programming we have in the past.

Respectfully,  
Debra DeSimone,  
Chairman of the Board of Directors

### **Family Mediation & Juvenile Services Board of Directors:**

Debra DeSimone-CHAIR, *Atkinson*  
Dale Childs-TREASURER, *Hampstead*

Marta Modigliani-VICE CHAIR, *Danville*  
Barbara Tavitian-SECRETARY, *Plaistow*



Rose Cavalear, *Atkinson*  
Natalie Gallo, *Hampstead*  
Kathleen Marino, *Newton*  
Dan Poliquin/Michelle Curran, *Plaistow*

Kimberly Burnham, *Danville*  
Dick Gerrish, *Kingston*  
Laura Bertogli, *Newton*  
Pat Macomber, *At Large*

## LAMPREY HEALTH CARE

Lamprey Health Care is a nonprofit community health care organization with medical centers in Newmarket, Raymond and Nashua, New Hampshire. The organization serves the Southern & Seacoast Areas of New Hampshire, and provides primary care & preventive health services to individuals of all ages and incomes, regardless of their ability to pay.

Focusing on the health of the patient as well as the community as a whole, Lamprey Health Care offers the following care & services to its patients: primary care, prenatal & obstetrical care, pediatric care, preventative dental care, chronic disease management, nutrition counseling, health education & outreach, behavioral health counseling, social services & case management, free/reduced cost prescription drugs, substance abuse counseling, translation & interpretation services, and radiology, physical & occupational therapies.

One of our strongest programs is our Senior Transportation Program, where seniors and other individuals are provided access to essential services, such as medical appointments with primary care physicians and specialists, grocery stores, local pharmacies and other necessary errands. Most importantly, these services are available to all are physician offices and non-LHC patients so that our vulnerable populations have access to medical care.

Newton residents utilized our transportation program for shopping trips, medical appointments and monthly recreational outings. Our vans are handicap accessible and our drivers are trained Transportation Health Workers who receive patient Assistance Training. **In 2009/2010, 64 Newton residents made 324 visits to Lamprey Health Care. Last year, Lamprey Senior Transportation provided 1,101 rides to Newton residents.** (*A unit of service is one ride to a destination.*) Access to essential services makes it possible for this population to remain self-sufficient and in their own homes. Our team consists of a transportation manager, 20 volunteers and six handicapped accessible buses, and provides seniors and those with disabilities reliable transportation that offers door to door service, access to resources and a beneficial social network.

With your continued support of \$1,800 for Year 2011, we can continue to improve access and the health of our residents and communities as a whole by meeting the needs of our patients.  
(Telephone: 603-659-3106)

Respectfully submitted,  
Debora Bartley  
Director of Community Services



## NH SOCIETY FOR THE PREVENTION OF CRUELTY TO ANIMALS

The New Hampshire SPCA is pleased to present the town with a brief report of our activities for the year and our request for an annual appropriation for the year 2011 in the amount of \$750.

In fiscal year 2010, we provided care and shelter for over 2,700 animals at our location in Stratham and provided other services to many more members of the community. In that time, we have received and responded to over 743 complaints of animal cruelty and neglect from communities in Rockingham County and other New Hampshire towns.

Along with taking in animals from your community and placing many of them into good homes, we also assist animal control officers, educate children and adults about the humane treatment of animals, and provide many other services that directly affect your community. The Learning Center for Pets and People has served hundreds of community members through obedience and agility classes, behavior consultations, workshops, trainings and seminars. We have been able to expand our work educating children about proper animal care and the humane treatment of animals. Youth ages 3 to 16 have participated in the weekly Story Time with Animals, summer camp, KIND and WE CARE clubs, Junior Volunteers and have joined us for their birthdays.

### NHSPCA For Year 2010 Programs & Services Expenses

\$1,530,517 - includes animal care and sheltering services, humane education, community services and cruelty investigations.

2,736 - total number of animals cared for in last 12 months.

6,655 - total number of school children receiving humane education in last 12 months.

743 - total number of animal cruelty reports investigated in the last 12 months.

41,952 - total number of volunteer hours performed by community members

### TOWN OF NEWTON

**35 - Total number of School Children Reached**

**12 - Number of Animals Surrendered by Residents**

**3 - Number of Animals Brought in as Strays / Found**

**18 - Number of Animals Adopted by Residents**

**2 - Number of Cruelty Cases Complaints/Assists/Seizures**

**19 - Number of Residents participating in Training and Behavior Consultation**

**3 - Number of Residents participating in Low Cost Rabies & Microchip Clinic**

Services Provided By The NHSPCA include: Adoption and Surrender Services, Medical Care for the Animals, Low Cost Rabies Vaccination & Microchip Clinics, Animal Foster Care Program, Cruelty Investigations, Disaster Response Team & Preparedness, Disaster Relief Temporary Shelter, Obedience Training, Behavior Consultations, Humane Education in Local Schools, Humane Education For Adults In The Community, Summer Camp For Kids 6-12, Story Hour For Pre-Schoolers, We Care Club For Kids 6-9, KIND CLUB for Kids 9-12, Jr. Volunteer Program For Kids 13-15, Resource Information and Support.

More than ever your town's support of our efforts is critical to the continuation of our services. As a community based organization, our only sources of funding are donations from the communities we serve. We receive no State or Federal assistance whatsoever.



Thank you for your consideration of the New Hampshire SPCA in your annual appropriations process. (Telephone: 603-772-2921)

Respectfully submitted,  
Sheila E Ryan  
Director of Development and Marketing

## ROCKINGHAM COMMUNITY ACTION

As a non-profit, multi-service agency, Rockingham Community Action's (RCA) wide range of services meet the most essential needs of our county's residents living at or below the poverty level. RCA's mission and scope is multi-purpose: to support low – income individuals and families with direct services, prevent more families from falling into poverty and/or homelessness, and assist at-risk families in finding long term solutions to their economic needs.

We ask you to reconsider investing in Rockingham Community Action's efforts to support the most vulnerable members of your community. Through intervention and prevention, RCA's services greatly relieve communities of the full financial burden of addressing the needs of their low-income residents. In addition, as a well-established agency providing services for over forty years, RCA's well trained and experienced staff provides a broad array of services for the least possible cost.

Your support is critical to the continuance of our Outreach Program and to the broad range of services our agency provides to your residents such as: **Fuel Assistance, Electric Assistance, Child Care Resources, Surplus Food Distribution, Emergency Food Pantry, Homeless Prevention, Literacy Services, WIC Supplemental Food Program, etc.** All these services help's to ease the full burden on your local Welfare Budget. (Telephone: 603-893-9172)

Respectfully submitted,  
Dawn Marie Jarrell  
Center Director

## ROCKINGHAM NUTRITION & MEALS ON WHEELS PROGRAM

**4,067 nutritious, ready to eat meals were provided to 45 residents of Newton last year. 1,487 support services were also provided to the residents of Newton.**

*This program allows the elderly and disabled persons of Newton to meet their most basic nutritional needs and in most situations to also maintain a safe and healthy life, allowing them to remain in their homes and communities for a longer period.*

The Meals on Wheels service feeds adults, primarily elderly people trying to remain in the own homes, recuperating from surgery or medical treatment (chemotherapy, dialysis, radiation, etc.), coping with chronic debilitating disease, episodes of acute illness, multiple health problems; or advanced age and frailty.

The Nutrition Program provides hot noon lunches at the Vic-Geary Center in Plaistow on Greenough Road, 5 days per week and through that Center delivers meals to those local residents who are homebound.

Through the frequent home delivery, the older person is seen and helped, if needed in small ways: bringing in the mail, opening a jar; and in big ways: getting assistance in cases of accidents, falls and health crises or taken steps to prevent these situations by monitoring for changes or other signs of issues arising. (Telephone: 603-679-2201)

Respectfully submitted,  
Debra Perou  
Executive Director

## ROCKINGHAM VNA & HOSPICE

Rockingham Visiting Nurse Association & Hospice is a community-based, non-profit Home Health agency that serves the adult population of Rockingham County, as well as the communities of Durham and Lee, NH.

On behalf of Rockingham VNA & Hospice, I am writing to thank the Newton Residents for the support you have provided us over the past several years.

The funding has allowed us to offer community clinics, as well as provide services for residents in need of charitable care both in our Home Care and Hospice programs. I am pleased to acknowledge that Rockingham VNA & Hospice during the past year has been successful in maximizing operational efficiencies to maintain financial stability.

Given the current economic environment and the budgetary constraints placed on towns, and our current financial status, we will not be requesting town funding for budget year 2011.

Once again, I would like to thank you for your support of our agency. (Telephone: 603-772-2981)

Respectfully submitted,  
Karen Michel  
Executive Director

## SEACARE HEALTH SERVICES

**Organizational Purpose:** SeaCare Health Services provides access to affordable healthcare through a volunteer network of over 400 providers in 21 towns in Rockingham County. People who qualify for the program do not qualify for government programs. Services include: Care Coordination, medical, mental health and dental care, health education and pharmaceutical assistance through Medication Bridge.

Each year, SeaCare Health Services provides access to health care to uninsured individuals who live in the Town of Newton. **Services were accessed by 60 residents, which included:**

- Forty-seven (47) participants received care from our medical access programs, which include primary /specialty care, laboratory work and care coordination (\$53,240).
- Fifty-six free prescriptions were filled through our Medication Bridge program (\$83,326).



- Thirteen Children received services through our Children's Connection program.
- In 2010, the value of donated care for the Town of Newton reached \$136,566.

Our volunteer providers have donated over \$3,560,330 this year alone. We thank them and the townspeople of Newton who support this agency. As you can see, the need continues to be great and we are once again submitting a request for funding in the amount of \$2,000 for the year 2011 to help support the services we offer. (Telephone: 603-772-8119)

Respectfully submitted,  
Kathleen Crompton  
Director

## VIC GEARY CENTER

The Vic Geary Center serves as a senior center for seven towns: Atkinson, Danville, Hampstead, Kingston, Newton, Plaistow & Sandown. The following information will provide some insight into the diverse activities and services offered to the senior citizens of your community.

The Rockingham Nutrition & Meals on Wheels Program operates from the center, at no cost to them, 5 days per week providing a hot noon meal in the dining room and Meals on Wheels to homebound clients in the 9 towns. Frozen weekend and holiday meals are provided and meals comprised of shelf-stable items are provided for bad weather when delivery is impossible. Special meal celebrations for Mother's Day, Father's Day, Easter, Halloween, Thanksgiving, Christmas, summer picnic, lobster specials and other holidays are well attended by approximately 120-150 persons from the 9 towns on each occasion.

Several area senior organizations regularly meet free of charge at the Vic Geary. A wide variety of day bus trips were offered and enjoyed by many area seniors this past year. Monthly teas, some sponsored by area Recreation Departments such as Atkinson, Danville, Plaistow and Sandown, including refreshments and raffles. Entertainers such as the Salem Senior Singers and Boot Scootin Boomers also entertain the seniors throughout the year. A van and driver provided daily transportation for those seniors wishing to attend clinics, meals and special events at the Center.

Throughout the year, monthly blood pressure and twice a month foot care clinics are held at the center by Rockingham Visiting Nurses. Other clinics such as hearing and sight, safe driver and home safety are conducted regularly by area physicians and safety personnel. AARP tax preparation is offered on a yearly basis. Informative guest speakers on subjects of interest such as financial planning, prescription programs, diet and other topics are invited throughout the year. Fitness classes, bingo, card and board games, knitting group and arts and crafts are daily recreational activities offered at the Center. The WIC program now distributes surplus food monthly from the Vic Geary to income eligible area seniors and other area residents.



The building is rented to private individuals and groups. Several non-profit organizations hold their meetings at the Vic Geary, including the Knights of Pythians and the Plaistow Lions. Rental income is used for improvements to the building as well as contributing to the recent increases for fuel and electricity.

Wal-Mart, Home Depot, the Plaistow Lions and various caring individuals all deserve a big round of thanks for the support and donations of time and materials that they give to the Vic Geary Senior Center and its seniors.

#### Organization Purpose

The purpose of the Vic Geary Center is to provide a pleasant, comfortable, safe gathering place for all senior citizens to congregate, share a nutritious noon meal, participate in recreational and social activities, to provide necessary services such as blood pressure, foot & flu clinics, and distribute surplus food stuffs.

The Vic Geary Center is a non-profit organization, operating under the auspices of a Volunteer Board of Directors. Board Members include:

Jack McSheehy - President, Plaistow  
Bob Choolijian - Vice President, Plaistow Lions  
Carol Simpson - Secretary, Kingston  
Ted Kennedy - Member, Atkinson

Doreen Tufts - Treasurer, Danville  
Tom Tufts - Asst. Treasurer, Danville  
Bob Walsh - Member, Hampstead  
George Moore - Member, Newton

The Vic Geary Board of Directors sincerely appreciates Newton's assistance to help us maintain this valuable senior resource enjoyed by many of our area seniors every day.  
(Telephone: 603-382-9276)

Respectfully submitted,  
Jack McSheehy, President  
Vic Geary Board of Directors