



Seacoast Public Health Network

Hepatitis A

Hepatitis A is a virus that can cause liver infection.
The virus is spread easily person to person.

How is it spread?

When a person ingests the virus from objects, food, or drinks contaminated by small amounts of stool from an infected person.



Sex with infected persons



Contaminated food and drink



Drug use



Not washing hands after bathroom use

Symptoms



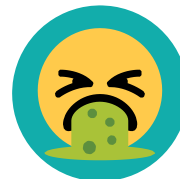
Dark pee
Pale poop



Yellowing of the skin or eyes



Fever



Nausea
Vomiting



Feeling tired

Who is at risk?

Anyone can get infected with Hepatitis A, but people at higher risk include:

- Men who have sex with men
- People with Substance Use Disorder
- People experiencing homelessness
- People with recent jail stay

Prevent the Spread

- Wash your hands frequently and especially after bathroom use or before food preparation
- Avoid sex with someone who has Hepatitis A infection
- Don't share personal items, food, drinks, or smoking devices with others

Get Vaccinated: FREE

November 5th and 26th from

2:00 to 5:00 pm

At The Seabrook Recreation

Dept.

Vaccines Provided by the

Seacoast Public Health

Network. Call 603-793-0786.