



Seacoast Public Health Network

Hepatitis A

Hepatitis A is a virus that can cause liver infection.
The virus is spread easily person to person.

How is it spread?

When a person ingests the virus from objects, food, or drinks contaminated by small amounts of stool from an infected person.



Sex with infected
persons



Contaminated
food and drink



Drug use



Not washing hands
after bathroom use

Symptoms



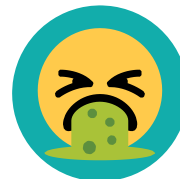
Dark pee
Pale poop



Yellowing of
the skin or
eyes



Fever



Nausea
Vomiting



Feeling
tired

Who is at risk?

Anyone can get infected with Hepatitis A, but people at higher risk include:

- Men who have sex with men
- People with Substance Use Disorder
- People experiencing homelessness
- People with recent jail stay

Prevent the Spread

- Wash your hands frequently and especially after bathroom use or before food preparation
- Avoid sex with someone who has Hepatitis A infection
- Don't share personal items, food, drinks, or smoking devices with others

Get Vaccinated: FREE

October 25th 9:00 to 11:00 am

at the Seacoast Mental Health

Center, 30 Magnolia Lane,

Exeter NH.

Vaccines Provided by the

Seacoast Public Health

Network. Call 603-793-0786.